

		9.30AM	10.30AM	UPANYASAM	DR RANGAN RAMAKRISHNAN	AAPAH TATWA	
		11.00AM	12.30PM	TALK	DR RAMKUMAR	AYURVEDA	
		12.30PM	1.30PM	GROUP LUNCH	MANDAPAM		
		1.30PM	3.30PM	TREATMENT/ORIENTATION	RESPECTIVE ILLAMS		
		3.30PM	4.30PM	Tongue- Shad Rasas	VG Vaidyas		
		4.30PM		TEA BREAK			
		5.30PM	6.00PM	DINNER/ROOMS			
		6.15PM	7.00PM	PRAYER	VG DOCTORS		
		7.15PM	8.15PM	Temple stories Raaga and Rhyth	Shri Rajeev N		

CAN WE CHANGE THIS PROGRAM TO SHAD RASAS CLASS FROM 3.30-4.30PM?

24-Sep-24	AGNI	5.00AM	6.00AM	HOMAM/PUJA AT TEMPLE	SWAMI GURUPRIYANANDAJI		
TUESDAY	DANCE	6.00AM	6.45AM	PRAYER	VG DOCTORS		
	EYES	7.00AM	7.45AM	INDICA YOGA	DR VINAYACHANDRA BANAVATHY		
		7.45AM	8.15AM	Dinacharya - Eyes	VG DOCTORS		
		8.15AM	9.30AM	BREAKFAST-ROOM			
		9.30 AM	10.30 AM	UPANYASAM	DR RANGAN RAMAKRISHNAN	AGNI TATWA	
		11.00 AM	12.30PM	TALK	DR PADMA SUBRAHMANYAM	TEMPLES/AGNI TATWA/DANCE & VISUAL ARTS	
		12.30PM	1.30PM	GROUP LUNCH	MANDAPAM		
		1.30PM	3.30PM	TREATMENT/ORIENTATION	RESPECTIVE ILLAMS		
		3.30PM	4.30PM	Caring for Eyes- Making Kajal, Ne	VG Vaidyas		
		4.30PM		TEA BREAK			
		5.30PM	6.00PM	DINNER/ROOMS			
		6.15PM	7.00PM	PRAYER	VG DOCTORS		
		7.15PM	8.15PM	MUSIC	SHRI RAJEEV	TEMPLE STORIES/RAAGA/RH YTHM	

25-Sep-24	BHUMI	5.00AM	6.00AM	HOMAM/PUJA AT TEMPLE	SWAMI GURUPRIYANANDAJI		
WEDNESDAY	JYOTISHA	6.00AM	6.45AM	PRAYER	VG DOCTORS		
	Nose	7.00AM	7.45AM	INDICA YOGA	DR VINAYACHANDRA BANAVATHY		
		7.45AM	8.15AM	Dinacharya- Nose	VG DOCTORS		
		8.15AM	9.30AM	BREAKFAST-ROOM			
		9.30AM	11.00AM	TALK	SHRI SHIRDI NATH TEKUR	TEMPLES/BHU TATWA/JYOTISHA	
		11.30am	12.30pm	OLFACTORY SENSES	Hemavathy Bhat, Darshan N	Perfumery	
		12.30pm	1.30PM	GROUP LUNCH	MANDAPAM		